

## **Crescent City Gumbo**

Chef Charlie Metzger

## Ingredients:

2 cups onions, diced

1 head celery, diced

3 large green sweet peppers, diced

1 ¼ # butter

2 cups flour

1 # andouille smoked sausage

1 ½ # tasso (Cajun smoked ham)

3 - 4 medium garlic cloves, chopped

1 cup tomato puree

6 ats duck or chicken stock

2 tbsp Cajun spice

1 tbsp oregano, dry

1 tbsp thyme, dry

2 tbsp gumbo file

1 tbsp cavenne pepper

3 bay leaves

2 tbsp granulated sugar

3 tbsp worchestershire sauce

1 tbsp tabasco sauce

2 cups okra, cut into ½ inch disks

1 cup fresh tomato, chopped

2 # crawfish tail meat

24 oysters shucked, save liquid

2/3 cup parsley, finely chopped

3 cups basmati rice, cooked

## Directions:

In a large (8-12 qt) heavy duty pot slowly melt the butter. Add the celery, onions and half of the green peppers. Saute on high heat for 3 minutes, stirring frequently. Add the garlic and saute for 1 minute.

Add the andouille sausage and tasso. Saute for 3 minutes and reduce heat to low. Add 2 cups flour and stir until the flour is completely combined. Cook for the roux for 5 minutes, stirring frequently.

Add the tomato puree, stock and the next 10 ingredients. Stir to combine, bring to a boil, then reduce heat to simmer.

Add the fresh tomato and crawfish. Simmer for 30 minutes.

Add the remaining peppers, oysters, oyster liquid and parsley. Simmer for 5 minutes.

Serve with 1 tablespoon of cooked rice. Serves 20.